#### **REGISTER NOW!!**

### FALL 2013 CLASSES BEVO-LONG COMMUNITY EDUCATION FULL SERVICE SCHOOL



# CLASSES OFFERED AT LONG, NOTTINGHAM, AND MALLINCKRODT SCHOOLS



### MENTORING EDUCATION (All held at NOTTINGHAM)

**Mentoring I:** Intro to Mentoring: T, 11/5, 6:30-8 pm, \$15

Mentoring II: How Mentoring Changes People: T, 11/12, 6:30-8 pm, \$15

Mentoring III: Becoming a Mentor: What Is Involved? T, 11/19, 6:30-8 pm, \$15





#### **FITNESS**

Slimnastics: NOTTINGHAM, 10 wks, 6:30-7:30 pm, \$28 per session,

Session I: T, starts 9/17 • Session II: Th, starts 9/19

Tai Chi Chih: NOTTINGHAM 8 wks, 6-7:15 pm, M, starts 9/16, \$24 Tae Kwon Do, Little Dragons: LONG, ages 4-8+, M, starts 9/16,

M, 7-7:30 pm, \$20/mo.

**Tae Kwon Do, Intermediate:** LONG, ages 8-16, starts 9/16, M&W, 6-6:55 pm, \$20 & \$25/mo.

**Yoga:** NOTTINGHAM, 10 wks, \$28, bring mats, blocks, and strap, W, starts 9/18, 6-7 pm

Zumba: NOTTINGHAM, 10 wks, 7:30-8:30 pm, \$18 per session

Session I: M, starts 9/16, 7:30-8:30 pm Session II: W, starts 9/18, 7:30-8:30 pm **Zumba:** LONG, 10 wks, \$18 per session

Session I: T, 9/17, 6:15-7:15 pm Session II: Th, 9/19, 6:15-7:15 pm



### ARTS, CRAFTS, HOBBIES (All Arts, Crafts & Hobby classes held at NOTTINGHAM)

**Cupcake Decorating** Basic Skills: 10/1, Bridal/Baby Showers: 10/8, Animals: 10/15, Holidays: 10/22, 4 wks, 6—7:30 pm, \$40 for first family member, \$20 for second. Material fee: \$20 paid to instructor for supplies. One (1) week pre-registration is required, no exceptions.

**Painting**: 10 wks, 6:15-8:45 pm, \$60 per session; Session I: T, starts 9/17 • Session II: Th, starts 9/19

Quilting: 10 wks, T, starts 9/17, 6:30-8:30 pm, \$40

**Stained Glass**: 10 wks, Th, starts 9/19, 6:30-8:30 pm, \$50 **Calligraphy:** 8 wks, M, starts 9/16, 7-9 pm, \$60 + supply fee



### NATURE AND THE ENVIRONMENT (All classes are 7-8:30 pm at LONG)

Make a Rain Barrel Demonstration: 10/1, T, \$5

Make a Coldframe Demonstration: 10/3, Th, \$5

Make & Take a Rain Barrel Workshop: 10/15 & 29,

T, 10 class fee + \$32 for rain barrel

Make & Take a Coldframe Workshop: 10/17 & 11/7, Th, \$10 class fee + \$15 for cold frame material

**Create Co-housing and Sustainability** in Bevo Mill neighborhood, T, 10-8, 7-8 p.m., FREE



LONG, GED, M/W , 6-8:50 pm, FREE; new students must attend a three-day orientation and one additional class to be enrolled. <u>Orientation times</u>: 6-9 pm, call 314-353-1034 for orientation dates.

<u>Pre-Registration</u> is necessary, so we can inform you of any class changes. Thank you for your cooperation.

How to read class listings: title, location (if needed) length, day, start date, time, and fee

### COMMUNITY ED. FALL 2013 CLASSES AT: LONG, NOTTINGHAM & MALLINCKRODT



#### **LANGUAGE CLASSES**

**Beginning Spanish I**: NOTTINGHAM, 8 wks, T,

starts 9/17, 6-7:30 pm, \$26

Mandarin Chinese I: LONG, 8 wks, Th, 9/19, 6:30-8 pm, \$26



Tumbling: MALLINCKRODT, 8 wks, \$35
Select either a Tuesday or Wednesday Session

T, starts 9/17, Basic I or Basic II W, starts 9/18, Basic I or Basic II Basic I: (age 4-7), 6-6:45 pm Basic I or II: (age 7-12), 7-7:45 pm



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PRIVATE MUSIC LESSONS: LONG and NOTTINGHAM

Voice, Guitar, Piano, and Violin: Days vary for each instrument; call for more information: M-Th, 9/16 through 9/19 \$50/month for voice, guitar, and piano; \$55 for violin per 1/2 hour weekly lesson

**COMPUTERS (All held at LONG)** 

Introduction to Computers: 8 wks, M, starts 9/16, 7-8 pm, \$25

MS PowerPoint I: T, 9/17, 6:30-8:30 pm, \$10 MS Publisher I: T, 9/24, 6:30-8:30 pm, \$10 Microsoft Excel I: T, 10/1, 6:30-8:30 pm, \$10

MS Word I: Th, 9/19, 6-8 pm, \$10 Web Design I: Th, 9/26, 6:30-8:30 pm, \$10 Introduction to the Internet: T, 10/3,

6:30-8:30 pm, \$10

CAREER & BUSINESS SKILLS (Held at LONG)

Computer Keyboard/Typing: 8 wks, M, starts 9/16, 6-6:50 pm, \$25

**To register** in person or pay in cash for all classes listed, you may come by the Bevo-Long CEFSS office between 5-8, Monday-Thursday, after August 5. Come to the back of the school and go to door #10. Or you can mail in the form below. Hours before 5 pm are by appointment only.

Office phone #: 314-353-1034 Email: Patrice.Crotty@slps.org

Mailing address:

5028 Morgan Ford Road St. Louis, MO 63116

This information is also **online** at: www.slps.org/Long/Community

**Refund Policy:** For classes longer than two nights, you may receive a refund if you request it prior to the second class. For one-night classes, you may receive a refund if you request it 24 hours before the first class.

The Community Education Program receives funding from the St. Louis Board of Education and the City of St. Louis through a grant from the U.S. Department of Housing and Urban Development, administered by the Community Development Administration, under the provisions of Title I of the Housing and Community Development Act of 1980 (P: 96-399).

#### **VOLUNTEER OPPORTUNTIES**

Mentoring, tutoring, serving on the Bevo-Long Community Advisory Council, Bevo Garden and Beautification Committee, and Bevo Neighborhood Watch

## <u>Pre-Registration</u> is necessary, so we can inform you of any class changes. Thank you for your cooperation.

#### **MAIL-IN REGISTRATION FORM:**

Pre-Registration R	Required for All Cla	sses Today's D	ate:	<u>—</u>	
CLASS NAME:		LOCATION:	DATE:	TIME:	FEE:
CLASS NAME:		LOCATION:	DATE:	TIME <u>:</u>	FEE <u>:</u>
STUDENT INFORMA	TION: First Name:		Middle Initial:	Last Name:	
Date of Birth:	Sex: (M or F)	Address:	City:		Zip Code:
Primary Phone:		Emergency/ C	Cell Phone:		
Email Address:					
		If student is under the age of 18		nship:	
First Name:		Middle Initia	l: Last Name:		
Primary Phone:		Emergency/ C	Cell Phone:		

Please make check payable to the Bevo-Long CEFSS. Mail check and registration form to: 5028 Morgan Ford Road, St. Louis, MO 63116