sreaktast High School

Monday	Tuesday	Wednesday	Thursday	Friday
			1- English Muffin w/Egg & Sausage Assorted Low Sugar Cereals &WW toast, jelly 100% Orange juice Fresh Bananas	2- Turkey Sausage Link Country Style Hash Brown Assorted Low Sugar Cereals &WW toast, jelly 100% Apple Juice Sliced Peaches
5- Colby Cheese Omelet Assorted Low Sugar Cereals &WW toast, jelly 100% Orange Juice Diced Pears	6- Cinnamon Raisin Bagel Assorted Low Sugar Cereals &WW toast, jelly 100% Apple Juice Sliced Orange	7- Whole Grain Pancakes w/Syrup Assorted Low Sugar Cereals &WW toast, jelly 100% Grape Juice Fresh Apples	8- Biscuit & Country Gravy Assorted Low Sugar Cereals &WW toast, jelly 100% Apple Juice Sliced Peaches	9- Pineapple & Vanilla Yogurt Parfait Assorted Low Sugar Cereals &WW toast, jell 100% Orange Juice Fresh Bananas
12- Breakfast on a Stick Assorted Low Sugar Cereals &WW toast, jelly 100% Orange Juice Applesauce	13- Scramble Egg w/Biscuit Assorted Low Sugar Cereals &WW toast, jelly 100% Apple Juice Diced Pears	14- Egg & Cheese Burrito Assorted Low Sugar Cereals &WW toast, jelly 100% Grape Juice Pineapple Tidbits	15- Biscuit w/Sausage & Cheese Assorted Low Sugar Cereals &WW toast, jelly 100% Orange Juice Fresh Bananas	16- Jumbo Waffles Assorted Low Sugar Cereals &WW toast, jell 100% Orange Juice Fresh Apples
19- French Toast Sticks w/Sausage Assorted Low Sugar Cereals &WW toast, jelly 100% Grape Juice Diced Pears	20- Breakfast Sausage Pizza Assorted Low Sugar Cereals &WW toast, jelly 100% Apple Juice Sliced Oranges	21- Whole Grain Pancakes w/Syrup Assorted Low Sugar Cereals &WW toast, jelly 100% Orange Juice Fresh Apples	22- Whole Grain Blueberry Loaf Assorted Low Sugar Cereals &WW toast, jelly 100% Grape Juice Applesauce	23- Whole Wheat Toast w/Margarine Assorted Low Sugar Cereals &WW toast, jell 100% Apple Juice Sliced Peaches
26 – Memorial Day	27- Ham, Egg & Cheese Quesadilla Assorted Low Sugar Cereals &WW toast, jelly 100% Orange Juice Applesauce	28- Cinnamon Raisin Bagel Assorted Low Sugar Cereals &WW toast, jelly 100% Grape Juice Pineapple Tidbits	29- English Muffin w/Egg & Sausage Assorted Low Sugar Cereals &WW toast, jelly 100% Orange juice Fresh Bananas	30- Turkey Sausage Links Country Style Hash Brown Assorted Low Sugar Cereals &WW toast, jell 100% Apple Juice Sliced Peaches

Secondary Lunch and Breakfast Menu Meal Prices

THW

Paid Lunch\$1.35	Paid Breakfast\$0.00	
Reduced Lunch\$0.40	Reduced Breakfast\$0.00	
Staff/Adult Lunch\$2.50	Staff/Adult Breakfast\$2.00	Milk\$0.35



Reduced Fat Milk Variety Offered Daily

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High School

Monday	Tuesday	Wednesday	Thursday	Friday
			1- Traditional Cuisine: Homemade Meatloaf Ballpark Classics: Cheeseburger Adobe Grill: Beef Nachos Luigi's: WVG Sausage Crumbles Pizza Red Dragon: Garlic Chile Chicken Stir Fry Gourmet Greens: Spicy Crispy Chicken Salad Daily Deli Hot Veggie: Cooked Crinkle Cut Carrots	2- Traditional Cuisine: Baked Zit Ballpark Classics: Fish Patty Sandwich Luigi's: WG Chicken Alfredo Pizza Red Dragon: Sweet & Sour Chicke Popcorn Gourmet Greens: Grilled Chicke Garden Salad Daily Deli Hot Veggie: Corns
5- Traditional Cuisine: Chicken Parmesan Sandwich Ballpark Classics: Hamburger Luigi's: WG Pepperoni Pizza Red Dragon: Red Thai Chicken Stir Fry Gourmet Greens: Spicy Crispy Chicken Salad Daily Deli Hot Veggie: Green Beans	6- Traditional Cuisine: Oven Baked Chicken Ballpark Classics: Cheeseburger Adobe Grill: Chicken Taco Luigi's: WG Cheese Pizza Gourmet Greens: Ham & Cheese Salad Daily Deli Hot Veggie: Italian Mixed Vegetables	7- Traditional Cuisine: Chicken Tetrazzini Ballpark Classics: Hamburger Luigi's: WG Supreme Pizza Red Dragon: Orange Chicken Popcorn Gourmet Greens: Crispy Chicken Salad Daily Deli Hot Veggie: Tater Gem	8-Traditional Cuisine: Beef Macaroni Ballpark Classics: Turkey Corn Dog Adobe Grill: Supreme Nacho Luigi's: WG Ham & Cheese Pizza Gourmet Greens: Grilled Chicken Salad Daily Deli Hot Veggie: Green Beans	9- Traditional Cuisine: Fish Strip Ballpark Classics: Hamburger Luigi's: WG BBQ Chicken Pizza Red Dragon: Beef & Broccoli Stri Gourmet Greens: Chicken Caes: Salad Daily Deli Hot Veggie: Cooked Crinkle Cut Carrots
2-Traditional Cuisine: Meatballs & Noodles Ballpark Classics: Hamburger Luigi's: WG Cheese pizza Red Dragon: Chicken Chow Mein Gourmet Greens: Chicken Caesar Salad Daily Deli Hot Veggie: Corns	13- Traditional Cuisine: Country Fried Steak Ballpark Classics: Turkey Corn Dog Adobe Grill: Chicken Taco Luigi's: WG Cheese Pizza Red Dragon: Sweet & Sour Chicken Popcorn Gourmet Greens: Crispy Chicken Salad Daily Deli Hot Veggie: Tater Gem	14- Traditional Cuisine: Pepper Steak Ballpark Classics: Spicy Chicken Sandwich Luigi's: WG Pepperoni & Jalapeno Pizza Red Dragon: Teriyaki Chicken Gourmet Greens: BBQ Chicken Salad Daily Deli Hot Veggie: Steamed Broccol	15- Traditional Cuisine: Homemade Meatloaf Ballpark Classics: Cheeseburger Adobe Grill: Supreme Nachos Luigi's: WG Ham & Cheese Pizza Red Dragon: Beef & Broccoli Stir Fry Gourmet Greens: Buffalo Chicken Salad Daily Deli Hot Veggie: Black Beans	16- Traditional Cuisine: Beef Stroganoff Ballpark Classics: Fish Patty Sandwich Luigi's: WG BBQ Chicken Pizza Red Dragon: Chile Garlic Chicker Popcorn Gourmet Greens: Spicy Crispy Chicken Salad Daily Deli Hot Veggie: Mixed Vegetables
19- Traditional Cuisine: Swedish Meatballs Ballpark Classics: Turkey Hot Dog Luigi's: WG Cheese Pizza Red Dragon: Orange Chicken Popcorn Gourmet Greens: Turkey Taco Salad Daily Deli Hot Veggie: Mixed Vegetables	20- Traditional Cuisine: BBQ Glazed Chicken Ballpark Classics: Spicy Chicken Sandwich Adobe Grill: Turkey Taco Enchiladas Luigi's: WG Sausage Crumbles Pizza Gourmet Greens: Italian Salad Daily Deli Hot Veggie: Mashed Potatoes	21- Traditional Cuisine: Baked Ziti Ballpark Classics: Hamburger Luigi's: WG Cheese Pizza Red Dragon: Korean Chicken Gourmet Greens: Chef Salad Daily Deli Hot Veggie: Broccoli w/Cheese Sauce	22- Traditional Cuisine: Ham Macaroni & Cheese Ballpark Classics: Cheeseburger Adobe Grill: Cheese Quesadilla Luigi's: WG Bufalo Chicken Pizza Gourmet Greens: Grilled Chicken Salad Daily Deli Hot Veggie: Green Beans	23- Traditional Cuisine: Chicken Pot Pie Ballpark Classics: Hamburger Luigi's: WG Ham & Cheese Pizza Red Dragon: Beef Thai Noodle Gourmet Greens: Chef Salad Daily Deli Hot Veggie: Sweet Potato Fries
26- Memorial Day	27-Traditional Cuisine: Alfredo Pasta w/Chicken Ballpark Classics: Cheeseburger Adobe Grill: Chicken Burrito Luigi's: WG Pepperoni & Jalapeno Pizza Gourmet Greens: Crispy Chicken Caesar Salad Daily Deli Hot Veggie: Steamed Broccoli	28-Traditional Cuisine: Primavera Pasta Ballpark Classics: Spicy Chicken Sandwich Luigi's: WG BBQ Chicken Pizza Red Dragon: Teriyaki Chicken Gourmet Greens: Grilled Chicken Salad Daily Deli Hot Veggie: Green Peas	29- Traditional Cuisine: Homemade Meatloaf Ballpark Classics: Cheeseburger Adobe Grill: Beef Nachos Luigi's: WG Sausage Crumbles Pizza Red Dragon: Garlic Chile Chicken Stir Fry Gourmet Greens: Spicy Crispy Chicken Salad Daily Deli Hot Veggie: Cooked Crinkle Cut Carrots	30- Traditional Cuisine: Baked Z Ballpark Classics: Fish Patty Sandwich Luigi's: WG Chicken Alfredo Pizza Red Dragon: Sweet & Sour Chicke Popcorn Gourmet Greens: Grilled Chicke Garden Salad Daily Deli Hot Veggie: Seasoned Potato Wedges

Secondary Lunch and Breakfast Menu Meal Prices

Paid Lunch\$1.35	Paid Breakfast\$0.00	
Reduced Lunch\$0.40	Reduced Breakfast\$0.00	
Staff/Adult Lunch\$2.50	Staff/Adult Breakfast\$2.00	Milk\$0.35

Milk

Reduced Fat Milk Variety Offered Daily

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