



Breakfast

Nottingham



Fresh Fruit and Juice Bar Served Daily!

December 2014

Monday	Tuesday	Wednesday	Thursday	Friday
1- French Toast w/ syrup (v) Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Grape Juice Applesauce	2- Breakfast Turkey Sausage Pizza Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Orange Juice Fresh Banana	3- Turkey Sausage and Cheese Biscuit Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Apple Juice Sliced Peaches	4- Blueberry Nutrigrain Bar & String Cheese (v) Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Orange Juice Pineapple Tidbits	5- Waffles w/ syrup (v) Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Apple Juice Fresh Orange
8- Cinnamon Raisin Bagel (v) Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Apple Juice Pineapple Tidbits	9- Egg & Potato Burrito (v) Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Orange Juice Applesauce	10- Pancakes w/ syrup (v) Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Grape Juice Pineapple Tidbits	11- Strawberry Banana Yogurt w/ Graham Crackers (v) Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Orange Juice Fresh Banana	12- Breakfast on a Stick w/ syrup (v) Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Apple Juice Pineapple Tidbits
15- Mini Blueberry Pancakes w/ syrup (v) Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Orange Juice Fresh Apple	16- Banana Loaf (v) Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Orange Juice Applesauce	17- Cinnamon French Toast w/ syrup (v) Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Grape Juice Pineapple Tidbits	18- Oatmeal (v) Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Orange Juice Fresh Banana	19- Turkey Sausage & Cheese Biscuit Assorted Low Sugar Cereal WG WG Toast and Margarine/Jelly Apple Juice Sliced Peaches
22- WINTER HOLIDAY!	23- WINTER HOLIDAY!	24- WINTER HOLIDAY!	25- WINTER HOLIDAY!	26- WINTER HOLIDAY!
29- WINTER HOLIDAY!	30- WINTER HOLIDAY!	31- WINTER HOLIDAY!		

Milk
Reduced Fat Milk Variety
Offered Daily



Food and Nutrition Services Director Althea Albert-Santiago 314-345-4519, Director of Dining Services: Mike Butler, 314-381-4155
SFE Associate Director of Nutrition: Megan Fraley 314-381-4155

SLPS is a pork-free district
All recipes made with whole grains
Vegetarian items (v)

Secondary Lunch & Breakfast Menu Meal Prices

Secondary Lunch Meal.... \$1.35	Secondary Breakfast Meal.....\$1.35	
Staff/Adult Lunch ...\$2.50	Staff/Adult Breakfast ... \$2.25	Milk\$0.40

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Lunch

Nottingham

Fresh Fruit and Vegetable Bar Served Daily!



December 2014

Monday

1- Pasta Primavera w/ Chicken & Breadstick
 Grilled Chicken Garden Salad w/ Crackers
 Turkey-Ham, Turkey, & Cheese Sandwich
 Cooked Crinkle Cut Carrots Fresh Fruit & Salad Bar
 Oatmeal Cookies

8- Cheeseburger
 Turkey & Cheese Sub
 Chef Salad w/ Roll
 Seasoned Potato Wedges
 Fresh Fruit & Salad Bar
 Carnival Cookie

15- Meatloaf w/ Roll & Rice Sun Butter & Jelly Sandwich (V)
 Chicken Garden Salad w/ Crackers
 Broccoli w/ Cheese Sauce
 Fresh Fruit & Salad Bar
 Cherry Cobbler

22-



29- WINTER HOLIDAY!

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All recipes made with whole grains
Vegetarian items (V)

Tuesday

2- Chicken Nuggets w/ Roll Sun Butter & Jelly Sandwich (V)
 Crispy Chicken Salad w/ Croutons
 5 Way Mixed Vegetables
 Fresh Fruit & Salad Bar

9- Beef Nachos
 Grilled Chicken Garden Salad w/ Crackers
 Turkey-Ham & Cheese Sandwich
 Broccoli w/ Cheese Sauce
 Fresh Fruit & Salad Bar

16- Turkey Corn Dog
 Turkey-Ham & Cheese Sub
 Chicken Caesar Salad
 Seasoned Crinkle Cut
 Sweet Potato Fries
 Fresh Fruit & Salad Bar

23- WINTER HOLIDAY!

30- WINTER HOLIDAY!

Wednesday

3 - Country Fried Steak w/ Roll Turkey Sub
 Chef Salad w/ Crackers
 Mashed Potatoes
 Fresh Fruit & Salad Bar

10- Sun Butter & Jelly Sandwich (V)
 Turkey Chili Dog w/ Saltines
 Crispy Chicken Salad w/ Crackers
 5 Way Mixed Vegetables
 Fresh Fruit & Salad Bar

17- Spaghetti w/ Meatsauce & Breadstick
 Crispy Buffalo Chicken Salad
 Turkey-Ham, Turkey, & Cheese Sandwich
 Green Peas

24- WINTER HOLIDAY!

31- WINTER HOLIDAY!

Thursday

4- Turkey Sandwich
 Spaghetti w/ Meatsauce & Breakstick
 Grilled Chicken Garden Salad
 Broccoli w/ Cheese Sauce
 Fresh Fruit & Salad Bar

11- Salisbury Steak w/ Roll & Rice
 Turkey & Cheese Sandwich
 Chef Salad
 Cooked Crinkle Cut Carrots
 Fresh Fruit & Salad Bar

18- Turkey Sandwich
 Country Fried Steak w/ Roll
 Chef Salad w/ Roll
 Corn Kernels
 Fresh Fruit & Salad Bar

25 - WINTER HOLIDAY!

Menu Subject to Change.



Friday

5- Cheese Pizza (V)
 Turkey-Pepperoni Pizza
 Green Beans
 Fresh Fruit & Salad Bar

12- Turkey & Gravy
 Macaroni and Cheese
 (V) Corn
 Sweet Potato Cobbler
 Fresh Fruit & Salad Bar

19- Cheese Pizza (V)
 Turkey-Pepperoni Pizza
 5 Way Mixed Vegetables
 Fresh Fruit & Salad Bar

26- WINTER HOLIDAY!

Food and Nutrition Services Director: Althea Albert-Santiago 314-345-4519, Director of Dining Services: Mike Butler, 314-381-4155
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