

District: St. Louis Public Schools**Allergen Report****Menu: k-8 lunch 2014-2015**

Recipe Number	Recipe Name	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
18999	Applesauce	No	No	No	No	No	No	No	No
19504	Asian Chicken Wrap 10"	No	No	Yes	No	No	Yes	No	Yes
19075	Bean & Cheese Flour Burrito HM	No	No	Yes	No	No	No	No	Yes
19079	Beans, Green, Frozen (P)	Yes	No	Yes	No	No	Yes	No	No
19702	Beef Nachos 2G	No	No	Yes	No	No	No	No	No
19565	Beef Ravioli w/ Roll	No	No	Yes	No	No	Yes	No	Yes
19189	Broccoli, Steamed, Fresh	No	No	Yes	No	No	Yes	No	No
19175	Cheeseburger (P)	No	No	Yes	No	No	Yes	No	Yes
19182	Chicken Nuggets, Elementary w/ Roll	No	No	No	No	No	Yes	No	Yes
19796	Chicken Patty Sandwich, Breaded	No	No	No	No	No	Yes	No	Yes
20307	Chicken Teriyaki w/ Brown Rice	No	No	No	No	No	Yes	No	Yes
20471	Cooked Crinkle Cut Carrots	No	No	Yes	No	No	Yes	No	No
20078	Corn	No	No	Yes	No	No	Yes	No	No
19514	Crispy Chicken Ranch Wrap, WG	Yes	No	Yes	No	No	Yes	No	Yes
19220	Diced Pears	No	No	No	No	No	No	No	No
19267	Fat Free Chocolate Milk	No	No	Yes	No	No	No	No	No
19312	Fish Nuggets	No	Yes	Yes	No	No	No	No	Yes
28331	Fresh Apple	No	No	No	No	No	No	No	No
19004	Fresh Banana	?	?	?	?	?	?	?	?
19133	Fresh Orange	No	No	No	No	No	No	No	No
19010	Fruit Cocktail	?	?	?	?	?	?	?	?
20280	Garlic & Herb Veggie Rotini w/ Breadstick	No	No	Yes	No	No	Yes	No	Yes
19378	Green Peas	No	No	Yes	No	No	Yes	No	No
19656	Grilled Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
19516	Grilled Chicken Wrap, WG	Yes	No	Yes	No	No	Yes	No	Yes
19344	Hamburger	No	No	Yes	No	No	Yes	No	Yes

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19358	Ketchup	No	No	No	No	No	No	No	No
20323	Large Chef Salad w/ Crackers	No	No	Yes	No	No	Yes	No	Yes
20335	Large Chicken Garden Salad w/ Crackers	No	No	No	No	No	No	No	Yes
20043	Large Garden Salad	No	No	Yes	No	No	No	No	Yes
20336	Large Grilled Chicken Garden Salad w/ Crackers	No	No	Yes	No	No	Yes	No	Yes
19887	Large Southwest Chicken Salad	No	No	No	No	No	Yes	No	Yes
19950	Lettuce/Spinach Mix	No	No	No	No	No	No	No	No
19875	Macaroni & Cheese	No	No	Yes	No	No	Yes	No	Yes
19164	Mandarin Oranges	No	No	No	No	No	No	No	No
19389	Mayonnaise	Yes	No	No	No	No	Yes	No	No
19477	Meatball Sub-2MMA	Yes	No	Yes	No	No	Yes	No	Yes
19318	Mexicorn	No	No	Yes	No	No	Yes	No	No
19611	Moz Cheese Quesadilla WG 10"	No	No	Yes	No	No	Yes	No	Yes
19398	Mustard Dispenser	?	?	?	?	?	?	?	?
19214	Orange Chicken	No	No	Yes	No	No	Yes	No	Yes
20089	Pineapple Tidbits	No	No	No	No	No	No	No	No
19288	Ranch Dressing	?	?	?	?	?	?	?	?
20492	Salad Bar, Beans, Garbanzo	No	No	No	No	No	No	No	No
19364	Salad Bar, Broccoli, Florets	No	No	No	No	No	No	No	No
19400	Salad Bar, Carrots, Baby	No	No	No	No	No	No	No	No
19369	Salad Bar, Celery, Sticks	No	No	No	No	No	No	No	No
19370	Salad Bar, Cucumber, Raw	No	No	No	No	No	No	No	No
19558	Seasoned Potato Wedges	No	No	No	No	No	Yes	No	No
20080	Sliced Peaches	No	No	No	No	No	No	No	No
20464	Small Chicken Caesar Salad w/ Crackers	?	?	?	?	?	?	?	?
19740	Small Crispy Chicken Salad	?	?	?	?	?	?	?	?
20461	Small Crispy Chicken Salad w/ Crackers	?	?	?	?	?	?	?	?
20107	Small Ham & Cheese Salad	No	No	Yes	No	No	Yes	No	Yes
20455	Small Italian Chicken Salad w/ crackers	?	?	?	?	?	?	?	?

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20453	Small Southwest Chicken Salad w/ Crackers	No	No	No	No	No	Yes	No	Yes
19540	Southwest Veggie Wrap, WG	Yes	No	Yes	No	No	Yes	No	Yes
20064	Spaghetti with Meatsauce	No	No	No	No	No	No	No	Yes
29263	Spicy Chicken Rings w/ Roll	No	No	No	No	No	Yes	No	Yes
19579	Spicy Chicken Sandwich	No	No	No	No	No	Yes	No	Yes
20294	Spicy Chicken Tenders w/ Roll	No	No	No	No	No	Yes	No	Yes
19712	Spicy Crispy Chicken Caesar Salad	No	No	Yes	No	No	Yes	No	Yes
20318	Sweet & Sour Chicken w/ Rice	No	No	No	No	No	Yes	No	Yes
19248	Turkey Corn Dog	Yes	No	Yes	No	No	Yes	No	Yes
19789	Turkey Hot Dog	Yes	No	Yes	No	No	Yes	No	Yes
19691	Turkey Melt Sandwich	No	No	Yes	No	No	Yes	No	Yes
20296	Turkey Taco Salad	No	No	Yes	No	No	Yes	No	No
19599	Vegetables, Frzn, 5 Way Mixed	Yes	No	Yes	No	No	Yes	No	No
19414	WG Cheese Pizza	Yes	No	Yes	No	No	Yes	No	Yes
19464	WG Pepperoni Pizza	Yes	No	Yes	No	No	Yes	No	Yes
19465	WG Sausage Pizza	Yes	No	Yes	No	No	Yes	No	Yes
19264	White 1% Low Fat Milk	No	No	Yes	No	No	No	No	No

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