Dear Parents/Guardians,

It is such a pleasure to welcome all the wonderful students back to school this year. My name is Ms. Thompson and I look forward to getting to know your children and having them in PE this year. Each class will have 45 minutes of PE per week in Grades KG-5. The goal of Elementary Physical Education is to teach students to develop healthy living habits that will last a lifetime. During virtual learning, we accomplish that by having students participate in a wide variety of activities and challenges at home that will increase their physical, social, and mental abilities, as well as teamwork and cooperation skills. We hope to provide a safe, fun, and motivating class that will encourage all students to want to participate, have fun and try their best.

Best,
Ms. Thompson