**Vision** - St. Louis Public Schools is the district of choice for families in the St. Louis region that provides a world-class education and is nationally recognized as a leader in student achievement and teacher quality.

**Mission** - We will provide a quality education for all students and enable them to realize their full intellectual potential.

**Gateway Elementary – Weekly Virtual Learning Planner**

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| **Teacher**  | Mr. Artis | **Grade** | Pre k-5TH GRADE |  | Physical Education |
| **Week of** | NOV 30-DEC 4, 2020 | **Topic/Title** | LOW IMPACT EXERCISES/FORTNITE DANCEVIDEO |

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| **Lesson/Topic** | **Lesson Target/Objective**  | **Synchronous/Live Instruction**  | **Asynchronous Playlist**  | **Assessment/Performance Task**  | **Due Date** |
| **Nov 30-Dec4 2020****PreK-5th Grade** **LESSON 1****Topic: Relationship Building & Expectations** | Students will learn the difference between low impact and high impact exercises.Students will perform warm up exercises Low impact and high impact exercises.-Students understand the importance of using good form and proper breathing techniques for completing Low Impact Exercises. |  Teacher will explain then model examples of low and high impact exercises. Teacher will hold question and answer session. | Show students low and high impact exercise videos. <https://www.youtube.com/watch?v=jYoQc77CRQs><https://www.youtube.com/watch?v=lc1Ag9m7XQo> Students practice a series of low and high impact exercises.  | Teacher observe students performing the Low and High impact videos. |  |
| **Nov 30-Dec4 2020****PreK-5th Grade** **LESSON 2****Topic:****Relationship Building & Expectations** | Dance/ Video/Fortnite.Students will be able to perform the DANCE video.Students will understand the importance of proper breathing to complete video. | Teacher will explain then model the Fortnite dance video.Teacher will hold question and answer session.  | Show students the Fortnite Dance video. <https://www.youtube.com/watch?v=MnpxQr3KXNw>Students practice the Fortnite Dance video.  | Teacher observe students performing the Fortnite video. |  |
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