

SHOW-ME

HOPE

MISSOURI

# Crisis Counseling Program at Places for People

## Have you been affected by COVID-19?

We're here to listen. Call 314-615-9105, ext. 397.

Show-Me Hope is part of a federally-funded crisis counseling program.

### We offer free, confidential support in these areas:

Coping and resiliency skills education

Disaster preparedness and response education

Referrals to community resources

### Contact a Crisis Counselor at Places for People

314-615-9105, Ext 397

Please leave a voicemail and a crisis counselor will return your call within 24 hours.

### After Hours Crisis Line

1-800-811-4760

### National Suicide Prevention Lifeline

800-273-8255

### Missouri DHSS COVID-19 Hotline (24 Hours)

877-435-8411

### Disaster Distress Helpline

800-985-5990

or

Text "TalkWithUs" to 66746

### Questions?

Email Leon at [lfarrar@placesforpeople.org](mailto:lfarrar@placesforpeople.org)

## Help stop COVID-19 Do the six

- 1 WEAR A MASK
- 2 WASH YOUR HANDS
- 3 COUGH IN YOUR ELBOW
- 4 DON'T TOUCH YOUR FACE
- 5 STAY 6 FEET APART
- 6 FEEL SICK? STAY HOME



[WWW.PLACESFORPEOPLE.ORG](http://WWW.PLACESFORPEOPLE.ORG)

OUR MISSION IS TO IMPROVE THE PHYSICAL AND BEHAVIORAL HEALTH OF THE INDIVIDUALS, FAMILIES, AND COMMUNITIES WE SERVE AND THOSE WHO SUPPORT THE PROVISION OF THESE SERVICES.