

# HEALTHIER KiDS FOR OUR FUTURE<sup>SM</sup>

Helping kids grow into healthier adults.



## Yeatman-Liddell Shop & Grow Market

Visit our in-school market for FREE fresh and shelf-stable food items delivered every week! Selection of seasonal produce, fresh dairy and proteins.

PLUS healthy recipes for your family meals.

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Market Hours: **Every 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month, 12-2 p.m., or open by appt. with Dr. Nash**

**QUESTIONS?** Please call the front office at 314-261-8132.

Foodbank.  
*St. Louis Area Foodbank*



little bit  
FOUNDATION  
*Breaking down barriers to learning*

 Cigna<sup>®</sup>

# SLPS Saturday Wellness Workshop Series

## JOIN US

as we learn about understanding the affects of Trauma and building a Safe Space, Resilience and Coping Intervention, and Ending the Silence, a conversation about mental health conditions.

### Saturday

December 11, 2021

8:30 a.m. - 11:30 a.m.

801 North 11th Street, St. Louis, MO 63101

### FREE

Breakfast, Childcare, Raffle Prizes, & Food Boxes provided by Care STL!



Please Register by Friday, December 3, 2021

Register [HERE!](#)

For more information contact Megan Marietta,  
Manager of Social Worker Services | Office: 314.345.4563

School.....	Check here if Child Care is needed <input type="checkbox"/>
Parent's Name.....	
Contact Number.....	
Email Address.....	

Please return to your school's family and community specialist