

# PARENT INFORMATION



**Books:** Want to raise a child who loves to read? The secret is to read to your child often. Young children need a healthy diet of books just like they need fruits and vegetables. Non-Fiction, fiction, biography and more! The more your child sees you reading, the more they'll love it too!



**Literacy:** Learning the alphabet is important, but there's so much more to it than identifying the letters. Songs, poems, and rhymes play a big part in the learning to read process as well as talking and reading books with your child often.



**Math:** Math for young children is found in the world around them. How many spoons do we need on the table? Who has more cookies? How many steps did it take to reach the top of the slide? Save the symbols and complex equations for later, instead focus on what's meaningful now.



**Science:** For young children, science is all around them every day. They're naturally curious about the world around them. Provide answers to their big questions when you can; and encourage them to explore and investigate to answer their own questions. No fancy experiments needed.



**Music:** Music is fun, but it's also a very important learning tool. When children listen to and sing along with music, they're internalizing the rhythm and rhyme of language. These skills are necessary when learning how to read.



**Writing and Drawing:** Drawing is an early form of written communication. When you provide your child with blank paper and writing tools daily, you're inviting them to communicate. Talk about their drawings with them and ask questions to spark further conversation.



**Fine Motor Skills:** Fine motor skills refer to activities that provide children with practice using the small muscles in their fingers and hands. These muscles are necessary for holding and using writing tools.



**Oral Language:** According to research, talking with your child is one of the most important things you can do to ensure academic success. When you take time to have conversations with your child, you're building a strong foundation for future literacy success.

Dear Students and Families,

School may be closed, but I'm thinking about each of you and your families often during our time apart.

It's normal to have big feelings and emotions about a sudden change in your daily routine. If you begin to feel scared or sad about these changes, I want you to tell an adult in your house how you're feeling right away. Then, I want you to do at least one of these things:

- [Belly Breathing](#)
- [Smell the Flower, Blow the Candles Out](#)
- [Ocean Breathing](#)

I miss you all, but I trust the adults who made this important decision to keep us all healthy.

I'm looking forward to seeing you all again in a few weeks. Until then, remember to be kind to your family members, keep learning, and most importantly - wash your hands!

Be Well,

# Free Online Resources

There are so many choices when it comes to choosing online resources for your child. But how do you know which ones to choose? Below is a carefully curated list of online resources for use at home. The sites are grouped into four categories to make it easier for you to use.

## [Hand Washing Songs for Kids](#)

Active	Academic	Animal Cams	Calming
<a href="#">GoNoodle</a>	<a href="#">VOOKS</a>	<a href="#">Penguin Cam</a>	<a href="#">Loving Kindness</a>
<a href="#">Cosmic Kids</a>	<a href="#">ABCmouse</a>	<a href="#">Polar Bear Cam</a>	<a href="#">Ocean Breath</a>
<a href="#">I Can Move</a>	<a href="#">PBS Kids</a>	<a href="#">Koala Cam</a>	<a href="#">Star Energy</a>
<a href="#">Move It!</a>	<a href="#">Storyline</a>	<a href="#">Ape Cam</a>	<a href="#">Let It Go</a>