



ESOL Choice Board Grades: 6-8

Listening Activity

[Click here](#) to review how to find theme with some of the writers and creators at Pixar.

What is a **Theme**?

Theme: Life lesson, meaning, moral, or message about life or human nature that is communicated by a literary work.

In other words...

Theme is what the story teaches readers.

Speaking Activity

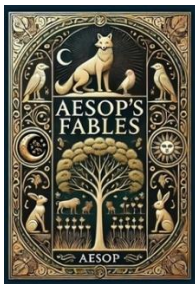
Take a mindfulness moment! [Click here](#) to practice 4-7-8 breathing.



Tell someone you're close to about this experience and how you could use the 4-7-8 breathing technique.

Reading Activity

[Click here](#) to access Aesop's Fables, a series of famous short stories with strong themes. Can you determine the theme of some of the stories?



Writing Activity

Start at the beginning of the [playlist](#) and work through the "Pixar in a Box" unit to create your own story!

