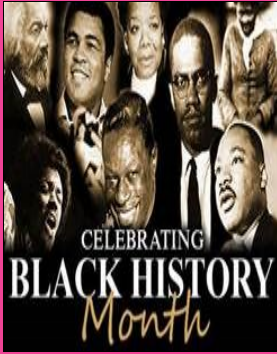


SHENANDOAH ELEMENTARY SCHOOL

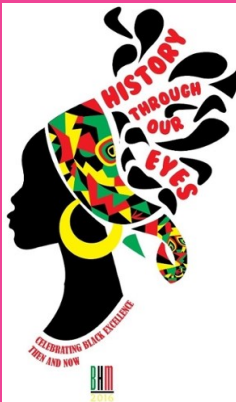
Shenny's Tiger Talk

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The ORIGIN of Black History Month...

National African American History Month had its origins in 1915 when historian and author Dr. Carter G. Woodson founded the Association for the Study of Negro Life and History. This organization is now known as the Association for the Study of African American Life and History ("ASALH")



**Parents and Guardians,

Happy New Year! I hope that this year brings peace, joy, and happiness to you and each of your family members. As we begin our second semester, it is important that we keep the lines of communication open regarding what is going on at Shenandoah Elementary School. Please read below for information on some of our safety and virtual learning expectations

- Masks must be worn everyday- Families, please make sure to send students with a mask
 - Attendance is Important- Make sure if you are in-person you are here and virtually you are signing on and completing work
- Reading- One thing we are missing is the time to just read. Please have your students reading every night at home. This is very important in trying to increase their reading ability
 - Communication- If you are having a difficult time with virtual work or technology make sure to reach out. We will work with you to make sure we are doing what we can to ensure your students is learning.

I appreciate the constant efforts by our families, staff, and especially our students. The kids have been amazing at navigating these crazy times in school and show me what all this hard work is for. Let's finish the year strong and continue to work together on our quest for education.

Chad Rooney
Principal

"If you want to go quickly, go alone. If you want to go far, go together." – African Proverb

THE 'LIVING MUSEUM'

Black History Contest

Parents and Guardians,

as we embrace the month of February by celebrating the wonderful contributions

African-American have contributed to our nation and world, Shenandoah has created an opportunity for ALL students to participate in our

'Living Museum' Black History Contest.

Students may choose an African-American of their choice and create a 'Living Museum' right in their own homes.

All participants must sign up with their child's teacher.

Projects due Tuesday, Feb. 16, 2021
Winners announced, Friday Feb. 19, 2021

Please visit our school's website @ <https://www.slps.org/shenandoah>, click the link under 'Living Museum' virtual tour for examples and ideas.

Heart Disease is the #1 Killer in the United States. 1 out of 5 children is obese in the U.S. We are learning how to be heart healthy in PE and helping others. Please join us for Shenandoah's SPIRIT WEEK.

Donate \$1 to participate in the dress down/spirit day. Each day a student brings in \$1, he/she gets to choose an item out of Mr. Diel's Mystery Box.

To make an Online Donation: please type the link... <http://www2.heart.org/goto/shenandoahstl>

Donate \$1 each day to participate in the following...

- Mon. 2/22 Using tobacco is crazy for your HEART-wear crazy socks!
- Tues. 2/23 Hats Off to HEART Health-wear your favorite hat
- Wed. 2/24 Physical Education is the key to a healthy HEART-wear your favorite sports gear!
- Thurs. 2/25 Put Sugary Drinks to Sleep for a healthy HEART-wear your favorite pajamas!
- Fri. 2/25 Wear Red-wear RED to promote being HEART healthy.



Thank you....American Heart Association!!

Celebrating Black History Month

Remembering our Queen CICELY TYSON

Strong African-American actress and fashion model.



Happy Birthdays day



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List of helpful websites and great books to READ...

<https://www.weareteachers.com/7-fresh-ideas-for-black-history-month/>

I Am Enough by Grace Byers

Ron's Big Mission by Corinne J. Naden and Rose Blue

Coretta Scott King: Dare to Dream by Angela Shelf Medearis

Bright Eyes, Brown Skin by Bernette G. Ford and Cheryl Willis Hudson

I Like Myself! By Karen Beaumont



Barack Obama...44th President of the United States of America.

Maya Angelou...Author And Still I Rise/She also attended SLPS Toussaint Louverture Elementary School.

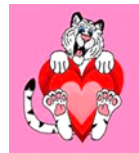
Josephine Baker...French Entertainer and Civil Right Activist.

George Crum...Inventor He invented the potatoe chip.

Character Words of the Month

February-**Courage** is holding to your belief and opinions even when it is difficult.

March-**Patience** is waiting calmly in spite of difficulties or opposition.



Family Support

Families,

We know that you may be struggling to balance work, childcare as well as self-care while trying to keep worries under control. **YOU ARE NOT ALONE!!** We are here to support you.

RESOURCES...

Centers for Disease Control and Prevention
SLPS-School sites for **FREE meals distributions
LIHEAP Assistance
COVID-19 Stress Support Group and more.

Links to all Resources are available on our school's website. Please take advantage.

Also please feel free to contact your Family and Community Specialist Ms. C. Myers at 314.772.7544 with any questions or concerns.

COVID-19 Coping Tips....

Here are ways to cope with stress and promote well being according to the cdc.gov

Healthy eating habits, taking care of your body/daily exercise, pause and breathe to notice how you feel as well as taking breaks from upsetting content.

SAVE THE DATES...

- February 12/PD Day...No students
- February 15/Holiday-Presidents' Day
- Feb. 18/Shenandoah's Dine Out
- Feb. 16/ 'Living Museum' Black History projects due
- Feb. 19/'Living Museum' contest-Winners announced
- Feb. 22-25/SPIRIT WEEK..KIDS HEART challenge**American Heart Association
- March 16-17/ Parent-Teacher Conferences
- March 22-26/ Spring Break



BIRTHDAY CELEBRATIONS

Happy Birthday...to everyone who celebrates their birthday in March or February.

Please don't forget to check out our school's website: <https://www.slps.org/shenandoah>

To read some 'Black History' known facts through our virtual tour.

3412 Shenandoah Ave-St. Louis, MO, 63104—314.772.7544