The Gateway Region YMCA is partnering with Partnership for a Healthier America (PHA) in an effort to provide timely and nutritious food to families in the North County Community.

With support from PHA, we will be handing out boxes of fresh produce to families starting Wednesday, June 1st. Boxes are meant for families of three or more, so please sign up to participate in this great 12-week program.

**WHAT’S IN A BOX?**

Each family-sized box includes 50 servings of fresh fruits and vegetables per week. Your box will include a variety of items such as:

- Broccoli
- Berries
- Corn
- Tomatoes
- Melon
- Onions
- Green beans
- Squash
- Tomatoes
- Pears
- Oranges
- Bell Peppers
- Apple
- Potatoes

**SIGN UP TODAY!**

TO REGISTER, PLEASE SCAN THE QR CODE!