

Vegetable of the Month:

Potatoes

Look for hash browns on Thursday, September 13!

Did you know?

- . Potatoes are high in vitamin C and B6 and have more potassium than a banana
- . The largest potato recorded in history was 7 pounds and 1 ounce
- . The potato is about 80% water
- . The potato was the first vegetable to be grown in space