



Lyon @ Blow *NEWS*



News and Views
from the Students and Staff
Special "Keep Gym in School" Issue

"Spring Special"
2011-2012
Issue 12

Lyon at Blow welcomes the NFL Network, Charter Communications and the St. Louis Rams on Tuesday, May 8, 2012 for a day celebrating the gift of twenty-five thousand dollars of physical education equipment and the importance of physical activity.



St. Louis Rams' Quarterback, Sam Bradford addresses the school in the gymnasium.



St. Louis Public Schools Superintendent, Dr. Kelvin Adams, stands with Lyon at Blow Principal, Dr. Ingrid Iskali, during the Minicamp Fitness Challenge portion of the very special day for Lyon at Blow staff and students.



Twenty-five-thousand dollars worth of Physical Education equipment was donated to the school. In this photo, taken several weeks before the May 8 celebration, one can see the soccer goals and the brand-new basketball posts and backboards. That equipment was only part of the donation of fitness machines, basketball rims and nets, climbing wall, and improvements in the gymnasium. Thank you to the NFL Network, Charter Communications, and the St. Louis Rams for helping the students of Lyon at Blow School.



A scene transformed. Following the morning convocation in the gym, stations were set-up on the field. The Minicamp Fitness Challenge began at eleven and student participants from the middle school rotated through a series of eight stations. The students had a great time and the weather cooperated for a perfect day!



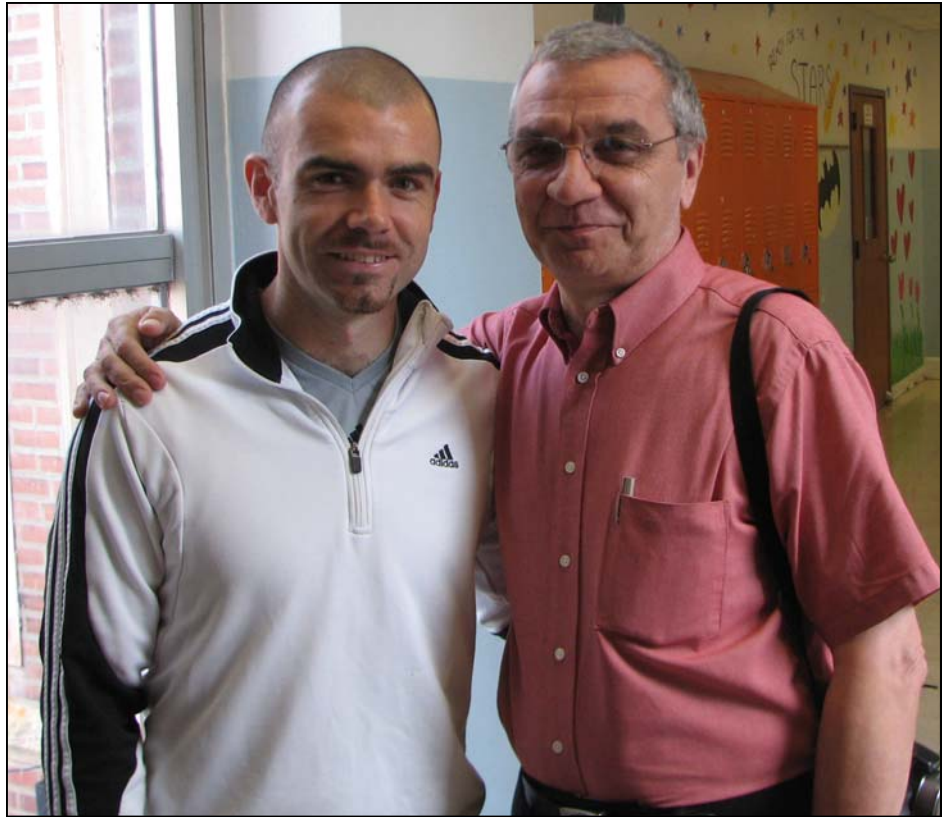
Ms. Iskali with her “Advance Crew.” These gentlemen came to Lyon at Blow on Monday, May 7, the day before the event to execute the huge task of setting-up for the celebration in the gym and the Minicamp Fitness Challenge that would all take place following day. They managed the unloading of truck loads of equipment and decorations that would be needed for the event. Room 118 was transformed into “a command center” which would be used to help coordinate the massive event.



Mr. Clark stands in the gym at the close of the school day, Monday afternoon, as the Advance Crew completes a full day’s work.



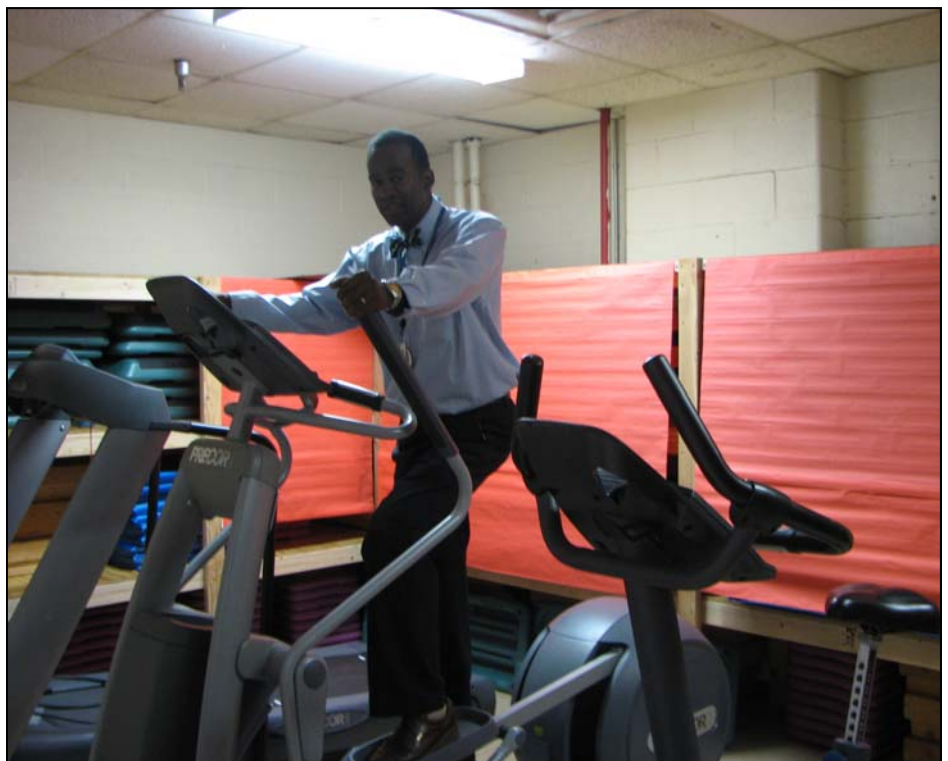
Climbing! 6th Graders John and Jameisha pause for a photo in front of the P.E. Department's brand-new climbing wall.



Mr. Michael Keane was the Physical Education teacher at Lyon at Blow last year when dialogue began with the NFL which led to the incredible gift of P.E. equipment celebrated on May 8, 2012. Mr. Keane is seen here with Lyon at Blow teacher assistant and tech liaison, Mr. Janusz Wolynski. Mr. Keane came by the school to attend the special celebration of a dream come true. Thanks, Mr. Keane!



Mr. Clark stands in for a photo with the gentleman in the gymnasium. Later, Lyon at Blow News got a look at some of the school's new fitness equipment.



Mr. Clark test-drives one of the state-of-the-art pieces of equipment that was donated to Lyon at Blow. The brand-new fitness machines are housed in the room at the back of the gymnasium just beyond the climbing wall.



The morning of May 8, 2012 arrives and middle school students are called downstairs to receive their free T-shirts.



Phillip's shirt fit perfectly!



Media workers engage in last-minute conversation with Superintendent Adams as the cameras begin rolling in room 118.



In the Green Room — Room 118. 8th grade boys who helped prepare the celebration's staging area and who helped with the massive load-in stand ready with their Keep Gym In School T-shirts. The boys are: Sean, Evan, Dominique, Garry, Columbus, and Fred. Standing right of frame are Ms. Berry and Mr. Gordon. Everyone was excited for the event to begin.

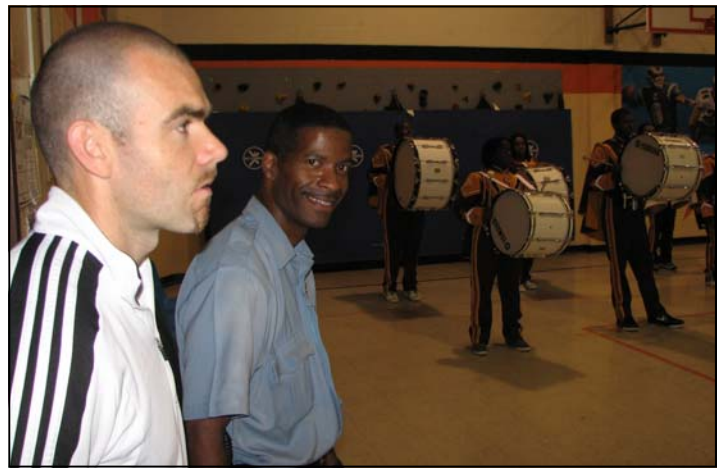


Mrs. DeLeon's students walk down the main hall toward the gym. In the photo, right, Officer Strong stands at the main gym door with Mrs. DeLeon. Her students peer through the partially open door at the excitement and activity just beyond. They could hardly wait!





8th grade students Praijon and Mark are members of the Lyon at Blow Gentleman’s Club. They helped the school prepare for the big “Keep Gym in School” event. They picked up their T-shirts, dropped by the “Green Room,” and headed for the gym.



Officer Strong (right) watches Mr. Keane’s reaction as the former Lyon at Blow PE teacher looks at the transformed gymnasium.



Time marches on. The Soldan International Studies High School Marching Band warms up. They are only moments away before the doors open and the room fills-up.



Soldan International Studies High School Marching Band performed stirring numbers for the students and visitors.



Television anchor and reporter for the NFL Network, Scott Hanson, guides students through the program. He introduced Mr. Seam O'Donnell, the VP and GM of Charter Communication and other guests including, Alderman Thomas Villa, and St. Louis Public Schools Superintendent, Dr. Kelvin Adams.



Superintendent, Dr. Kelvin Adams, addresses the assembly during the morning convocation in the gym.



When St. Louis Mayor Slay was unable to attend the event, Alderman Thomas Villa of Ward 11, stepped to the podium and addressed the audience. Years ago Alderman Villa once taught for St. Louis Public Schools. He spoke movingly about the importance of education generally, and of exercise, activity and physical fitness in the lives of all school-aged children.



Principal Iskali walks to the podium and welcomes her school's many guests.



The Lyon @ Blow Cheerleaders get ready to perform for the student body and the visiting guests. In the back row are Ms. Willman, Nurse May, and Coach Carpenter. The team's performance was exciting and the culmination of hours of drill and practice.





A moment the crowd was waiting for. The number one 2010 NFL Draft Pick and Quarterback of the St. Louis Rams, Sam Bradford walks to the podium and speaks about the importance of physical education in the schools.



Superintendent Adams, Sam Bradford, Principal Iskali, Alderman Thomas Villa, and Charter VP and GM Sean O'Donnell gather for the presentation of the "Keep Gym in School" plaque to Lyon at Blow School.



Sam Bradford ran a very popular station in the Minicamp Fitness Challenge.



The students had fun. They got to run, jump, throw, catch and spend time with a major celebrity from the world of Sport.





Rams Quarterback, Sam Bradford, ran a football-passing station but still found time to sign many autographs for students.

From the Principal's Desk



Rampage, the Rams Mascot, watches the races!



Thank you to the NFL Network, Charter Communications, and the St. Louis Rams for the wonderful gifts of equipment and the Mini-Camp Fitness Challenge. Thanks to Mr. Scott Hanson of the NFL Network, Mr. Sean O'Donnell, VP and GM of Charter Communications and to Mr. Sam Bradford, Quarterback of the St. Louis Rams. I would also like to thank Alderman Thomas Villa, SLPS Superintendent Dr. Kelvin Adams, Associate Superintendent Paula Knight and all the Central Administration officials and staff who supported this very special event for the Lyon @ Blow students.

Finally, I wish all of our students and staff a safe, fun and *active* summer break. Best of luck in the coming year to all of our graduating 8th graders as they begin high school. To all our returning students, faculty, and staff, I look forward to seeing you all here at Lyon @ Blow for the start of the 2012-2013 school year this coming August. — Ms. Iskali



Stay active!

