9 Things Parents Should Say to Their Kids Every Day!

1. “I Love You”
   Say it often.
2. “I Like it when you...”
   Talk about positive aspects of their behavior.
3. “You make me happy.”
   That makes them feel valuable.
4. “I am proud of you.”
   They need to hear they are doing a good job even when it is hard.
5. “You are special.”
   Let them know their uniqueness is a strength.
6. “I trust you.”
   Building a foundation of trust raises an honest person.
7. “I am grateful for you.”
   Be specific, this can really make their day!
8. “I believe in you.”
   Teach them how valuable they are.
9. “I know you can do that.”
   Encourage them to never give up.

Source: Power of Positivity